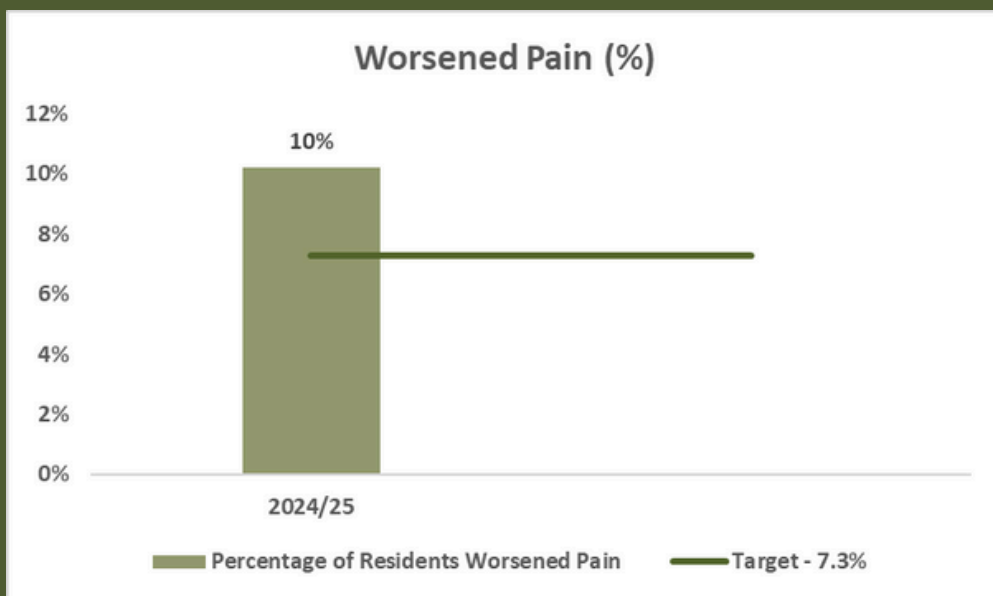


LONG-TERM CARE WORSENERD PAIN

Northwood began tracking the Canadian Institute for Health Information's (CIHI) Worsened Pain indicator in 2024. This measure reflects the percentage of residents who had worsened pain.

Northwood monitors this indicator to better understand pain prevalence and spot emerging trends. This helps ensure timely interventions and supports personalized pain management for each resident. It also plays a key role in evaluating how effective current care strategies and protocols are, guiding ongoing improvements in quality of care.

Northwood was above the 7.3% CIHI industry target. The target is based off the average percent of residents with worsened pain in long-term care facilities across Nova Scotia.



10% of Northwood residents experienced worsened pain in 2024–25, above the Nova Scotia target.

Improving Pain Management in 2025-26

To reduce the percentage of residents experiencing worsened pain, Northwood will focus on regular pain assessments and documentation, timely updates to individualized care plans, staff training on recognizing and managing pain, and prompt implementation of pain relief strategies.