

LONG-TERM CARE HAND HYGIENE

Hand hygiene is one of the best ways to reduce the spread of infectious diseases. Northwood does regular Hand Hygiene audits at our sites. Hand hygiene at Northwood can look like:

Sanitizer

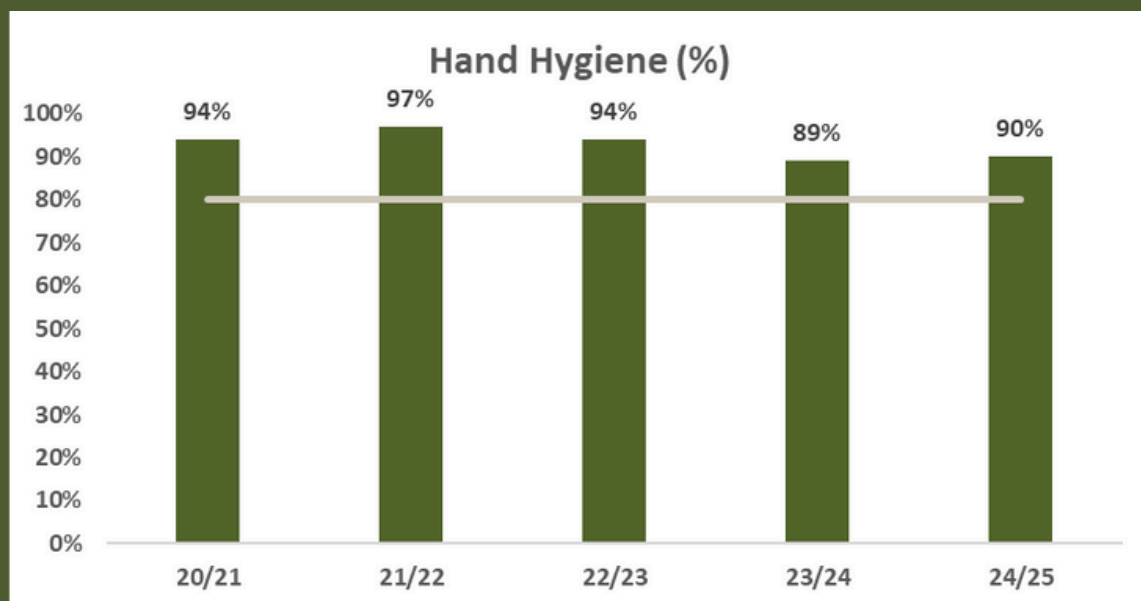
- Minimum 60% alcohol to be effective
- Apply enough to cover all areas on your hands, rub hands together until they feel dry.

Soap and Water

- Scrub hands for a minimum of 20 seconds before drying

We aim to observe 10% of staff (including regular, part-time, and casual employees) each quarter to monitor hand hygiene compliance and to reach an 80% compliance target. These audits help reduce infection risks, ensure resident safety, and identify trends or areas needing support, such as specific shifts, locations, or staff groups. The data also informs improvements in infection control policies, staff training, and overall care practices.

Northwood Achieved a 90% Hand Hygiene Compliance Rate in 2024/25!



We have consistently exceeded our hand hygiene target over the last 5 years!