

Independent, Supportive & Assisted Living

Northwood offers a full continuum of living options designed to support seniors at every stage of independence.

From vibrant independent living for those who want a maintenance-free lifestyle, to supportive living that provides a helping hand with daily routines, and assisted living for individuals who require more comprehensive daily support.

Northwood is built to adapt as needs change. With a focus on comfort, dignity, and community, residents can enjoy peace of mind knowing they have access to the right level of support while continuing to live as independently as possible.



NORTHWOOD PLACE

185 Gary Martin Drive, Bedford, NS

Affordable independent living for active seniors in West Bedford.

Apartment Types: Bachelor, 1 Bedroom, 1 Bedroom Barrier-Free, 2 Bedroom

Included: Heat & water, In-suite laundry, Full kitchen appliances

Amenities:

Secure entry, Common room, Parking, Storage lockers



NORTHWOOD GARDENS

239 Gary Martin Drive, Bedford

Modern 55+ independent living in West Bedford, offering comfort, safety, and community for active seniors.

Apartment Types: 1 Bedroom, 1 Bedroom + Den, 2 Bedroom

Includes: Heat, Hot Water, 5 Appliances (fridge, stove, dishwasher, washer, dryer)

Features: Secure, smoke-free building, Balconies, In-floor heating, Barrier-free units available, Parking, Storage, Common room





NORTHWOOD – ALMON PLACE

Halifax, NS

Affordable independent living near shops, dining, and transit.

Units: Bachelor, 1 Bed, 1+Den, 2 Bed

Includes: Heat, Hot Water, Fridge, Stove

Features: Secure, Smoke-free, Laundry, Parking



NORTHWOOD TOWERS

Halifax, NS

Independent living on the Northwood campus near downtown.

Units: Bachelor, 1 Bed

Includes: Heat, Water, Power, Fridge, Stove

Features: Secure, Laundry, Café, Fitness, Parking



NORTHWOOD MANOR

Halifax, NS

Supportive & assisted living with meals and care.

Options: Supportive, Assisted

Includes: Meals, Housekeeping, Laundry, Medication support

Extras: Fitness, Wellness, Emergency response

