

PRESSURE INJURY PREVALENCE: LONG TERM CARE



PLAN OF CARE

Preventing Pressure Injuries is much easier than healing them.

- Head to toe assessments
- Good skin care
- Incontinence care
- Sling removal
- Proper Nutrition
- Activity and Mobility
- Reduce or eliminate shear & friction
- Protective devices: booties, cushions, mattresses
- Promote Pressure
- Redistribution through Positioning / Repositioning



How does a Resident develop a Pressure Injury?

Pressure Injuries are sometimes called bedsores, which we thought happened when a resident spends too much time in bed... but today we know this is not the root cause.

We know pressure injuries develop when a resident stays in any one position for too long and it causes prolonged pressure on specific areas of skin.

Northwood includes stage (1-4, unstageable, deep tissue injury) Pressure Injuries in prevalence rates, which is not necessarily the case in other facilities. The prevalence (total % of residents with a pressure injury) is based on the % of residents with a pressure injury on a particular day.

Studies indicate that PI range from 2.2% to 23.9% in long-term care (IHI, 2011). A 2003 study funded by the Canadian Association of Wound Care (Wounds Canada) found the overall prevalence of pressure ulcers across all health-care settings was 26%, with approximately 70% of these wounds considered preventable.

Despite the focus on prevention to date, pressure injury incidence rates have not significantly decreased in Canada when compared with other countries around the world, including the US.

Pressure injuries are a growing concern in Canada. In order to address the national issue of pressure injuries in Canada, we are bringing together an inter-professional, nationwide panel. This pan-Canadian panel is represented by a cross section of clinicians and researchers from different healthcare sectors from acute care to community. Northwood is the representative for long-term care in Canada on the Canadian Pressure Injury Advisory Panel.

<https://www.cpiap.com>

LTC PRESSURE INJURY PREVALENCE RANGE BY FISCAL YEAR (TARGET < 2%)

2019-20	→	1.07	-	3.31
2020-21	→	1.1	-	10
2021-22	→	0.81	-	4.6
2022-23	→	0	-	2.6
2023-24	→	0.27	-	5.55

Unavoidable pressure injury occurs if the resident developed a pressure ulcer even though the facility followed all of the preventative measures. PI can occur during end of life and these are also considered unavoidable PI. An expert panel was established to formulate a consensus statement on Skin Changes At Life's End (SCALE).

*For fiscal year 23/24, LTC site Ivy Meadows has been added to the indicator